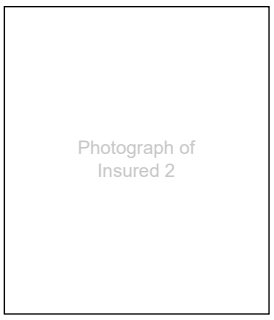
Toll Free No: XXXXX
Website: www.ManipalCigna.com
SMS: XXXXX

ManipalCigna Health Insurance

















FOR OFFICE USE ONLY

Branch Name:		Branch Code:	
Intermediary Name:		Intermediary Code: Agent Code / Broker Code / CA Code	
Business Type:		Urban/ Rural	Social: Yes ☐ No ☐
Ops Tags:	Employee DMS Code: ManipalCigna Employee DMS Code	Partner Vertical Name: Partner Business Vertical Code	Partner Branch ID: Partner Branch Code
	Sub Intermediary Name: <<For POSP>>	Sub Intermediary PAN: <<For POSP>>	Other Details: <<For POSP>>

Ref. A

Ref. B

Ref. C

MANIPALCIGNA PROHEALTH SELECT
PROPOSAL FORM

1 Please fill the form in BLOCK LETTERS

2 All details marked with* are mandatory .

3 The Proposer must authenticate the cancellations / alterations in this form

For Staff Rebate# please provide: Name of the organization: _____

Name of the Employee: _____ Employee ID: _____

#(Applicable only if Proposer or any Insured person under the policy is employee of: ManipalCigna, Promoter group of ManipalCigna)

The issuance of this form by ManipalCigna Health Insurance Company Limited (the Company) does not amount to acceptance of proposal. The actual liability of the Company does not commence until this proposal has been accepted by the Company and premium realized.

I. PROPOSER DETAILS*

Title* : Mr. ☐ Mrs. ☐ Ms. ☐ Gender* : Male ☐ Female ☐ Others ☐ Tick if Employer is the Payor: ☐

Date of Birth* D D M M Y Y Y Y Marital Status* : Married ☐ Single ☐ Others ☐

Name*(as in bank account): FIRSTNAME* MIDDLENAME SURNAME*

Permanent Address*:
(As per the KYC proof submitted):

Gram Panchayat:

Village Name: Village LGD Code:

City*: Town (District):

Pin Code*: State*:

Correspondence Address*: FIRSTNAME* MIDDLENAME SURNAME*

☐ Same as above

Gram Panchayat:

Village Name: Village LGD Code:

City*: Town (District):

Pin Code*: State*:

(The Proposer confirms that the residential address provided in the proposal form to the company is true and updated at all times. The Proposer agrees to promptly notify the Company of any change in address to ensure uninterrupted communication and claim processing.)

ManipalCigna ProHealth Select | Proposal Form | UIN: MCIHLIP27046V062627 | URN: 2026/PSLT/V6.01 | September 2026

Email Address* : Address 1* Address 2

Telephone Number(s) : Mobile*: Residence (Optional): Office (Optional):

Would you like to subscribe to important alert on Whatsapp? Yes ☐ No ☐

Policyholders have the option to access their Policy documents through DigiLocker with no additional charges.

Commercial communications (SMS/voice/WhatsApp) will be sent only pursuant to valid digital consent obtained/recorded under TRAI's Digital Consent Acquisition (DCA) framework and may be revoked at any time. Transactional/servicing messages needed to run your policy may continue as permitted by law

Policyholders have the option to access their Policy documents through DigiLocker with no additional charges.

To learn more about DigiLocker, please visit https://www.manipalcigna.com/video/

Would you prefer to receive all policy document digitally (via email/soft copy)?

☐ Yes (I would like to receive policy document digitally). ☐ No (I prefer to receive policy document in hard copy).

Occupation* : Government Service ☐ Private Service ☐ Self Employed ☐ Others ☐

Do you come under the below mentioned social sector classification? Yes ☐ No ☐

("Social Sector" includes Unorganised Sector,Informal Sector,Economically Vulnerable or Backward Classes and Other Categories of Persons, residing in both rural and urban areas.

(a) Unorganised sector" means an enterprise owned by individuals or self-employed workers and engaged in the production or sale of goods or providing service of any kind whatsoever,and where the enterprise employs workers; the number of such workers is less than ten.

(b)"Informal Sector" includes small scale, self-employed workers typically at a low level of organisation and technology, with the primary objective of generating employment and income, with heterogeneous activities like retail trade, transport, repair and maintenance, construction, personal and domestic services and manufacturing, with the work mostly labour intensive, having often unwritten and informal employer-employee relationship.

(c).Economically Vulnerable or Backward Classes" means persons who live below the poverty line.

(d).Other Categories of Persons" includes persons with disability as defined in Rights of Persons with Disabilities Act, 2016 and who may not be gainfully employed; and also includes guardians who need insurance to protect spastic persons or persons with disability.)

Social Sector Card/Document:

(Please submit a copy of selected proof)

- ☐ BPL Card
- ☐ MNREGA Card
- ☐ eShram Card
- ☐ PM Vishwakarma Yojana
- ☐ Jan Dhan Account Holder
- ☐ PM Kisan Sanman Yojana
- ☐ PM Mantri Awas Yojana
- ☐ DBT (Direct Benefit Transfer) Beneficiaries
- ☐ Pradhan Mantri Jan Arogya Yojna
- ☐ Pradhan Mantri Mudra Yojna
- ☐ Any other document issued by State/Central Government Please specify:_____

Document Number*
(Please specify the selected document number) _____

Annual Income* : up to ₹50,000 ☐ ₹50,000 to ₹5 Lacs ☐ ₹5Lacs to ₹10 Lacs ☐ 10Lacs to ₹15 Lacs ☐ ₹15Lacs to ₹20 Lacs ☐ Above ₹ 20 Lac ☐

Educational Qualification* : Less than class X ☐ Class X ☐ Class XII ☐ Graduate ☐ Post Graduate ☐ Professional Degree ☐

Customer Goods & Service Tax Identification Number (if any)

Nationality/Residential Status*: ☐ Indian ☐ NRI If NRI, Please mention country _____

☐ Others (Please specify) _____

Pan Card Number* :

Form 97* (only in case where PAN number is not available) Yes ☐ No ☐

Identity Document Type Aadhaar Card ☐ Driving License ☐ Passport ☐ Voter's ID card ☐ Others ☐

Aadhaar number^^/ (VID number) :

Document Expiry date D D M M Y Y Y Y

CKYC number^^ : EIA number (Electronic Insurance Account Number)

PEP or relative of PEP^:Yes ☐ No ☐

Family physician details

Name : FIRSTNAME MIDDLENAME SURNAME

Mobile No. : Email id:

Address :

Do you wish to assign a Caregiver for your Policy/ies: Yes ☐ No ☐ If Yes, please provide:

Name* : FIRSTNAME* MIDDLENAME SURNAME*

Mobile number* : Relationship with Proposer:

Age (in Years) Email id:

Caregiver can be a close family member who would take care of the Insured Person in any kind of health care event, whether emergency or planned. The Caregiver might not be the SOS contact.

^ Politically Exposed Persons (PEPs) are individuals who have been entrusted with prominent public functions by a foreign country, including the heads of States or Governments, senior politicians, senior government or judicial or military officers, senior executives of state-owned corporations and important political party officials If PEP details are not provided, we will consider the same as "No".

^^Please provide the details to enable us to serve you better.

II. Nominee Details*:

Is the Nominee same as Caregiver (if provided above)? ☐ Yes ☐ No

S. No.	Particulars		Nominee 1	Nominee 2	Nominee 3
1	Name				
2	Age				
3	Mobile No.				
4	Email ID				
5	Correspondence Address				
6	Permanent Address		☐ Same as above	☐ Same as above	☐ Same as above
7	Relationship with Proposer				
8	Specify the percentage (%) of the claim amount payable to each nominee in the event of the policyholder's death. The total percentage of contribution across all the nominee must not exceed 100%				
9	Bank Details of Nominee	Account No.			
		IFSC/MICR Code			
		Name of Bank			
		Account Holder Name			
10	Appointee Details (Required only if nominee is a minor)		Name: _____ Age#: _____ Mobile No. : _____ E-mail ID: _____ Relationship with Nominee: _____	Name: _____ Age#: _____ Mobile No. : _____ E-mail ID: _____ Relationship with Nominee: _____	Name: _____ Age#: _____ Mobile No. : _____ E-mail ID: _____ Relationship with Nominee: _____

Note:
As per regulatory mandate, nomination details are mandatory to be provided by the customers.
In the event of death of the Proposer, any payment due under the Policy shall become payable to the nominee, as per the 'Nomination' clause defined by the IRDAI and the receipt of the proceeds by such nominee would be sufficient discharge to the Company. For all other persons covered under the Policy, the Proposer will be the nominee.
#A Minor should not be declared as Appointee.

III. Policy/Plan Details*

Tenure*: ☐ 1 Year ☐ 2 Year ☐ 3Year	Proposed Policy Period: From D D M M Y Y Y Y at 00:00 hours (Must be on or later than instrument date/ premium payment date)

INSURED DETAILS*

(Deductible and Sum Insured only for individual cover)

PARTICULARS	INSURED PERSON 1	INSURED PERSON 2	INSURED PERSON 3	INSURED PERSON 4	INSURED PERSON 5
Name (First*, Middle, Last*)					
Gender*					
DOB*					
Relationship with Proposer*					
ABHA Number^^^					
Height* (Cms)					
Weight* (Kgs)					
Occupation/ Industry Type/ Nature of Job*					
City*					
Deductible					
Base Sum Insured* (only for individual cover and multi-individual cover)					
HMB (ManipalCigna ProHealth Select AHMB is opted at individual level will be displayed in the table.)					

Do you fall under the category of Differently Abled Persons?	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
If Yes, please enclose Disability Certificate mentioning the Percentage of disability wherever applicable Please enter the Unique Disability ID (UDID) Number	UDID Number _____	UDID Number _____	UDID Number _____	UDID Number _____	UDID Number _____
Specify the percentage of Impairment	% of impairment _____	% of impairment _____	% of impairment _____	% of impairment _____	% of impairment _____
Address if different from Proposer (Address Line 1* & Line 2 / Gram Panchayat Village Name Village LGD Code _____ City */Town (District) /State*/ Pin Code*)					
If PEP/Relatives of PEP ^ (Yes / No)					
CKYC Number^^					

^ Politically Exposed Persons (PEPs) are individuals who have been entrusted with prominent public functions by a foreign country, including the heads of States or Governments, senior politicians, senior government or judicial or military officers, senior executives of state-owned corporations and important political party officials If PEP details are not provided, we will consider the same as "No".

ABHA is optional. If you wish, you may create it and share it with your consent to enable ABDM□linked services. Learn more/create at the official ABDM portal. Web link: https://healthid.ndhm.gov.in/register.

All insured Indian national and Indian residents? ☐ Yes ☐ No

If No please mention country _____

Note: • ManipalCigna Critical Illness Add On Cover: Minimum age at entry under this policy is 18 years and maximum age at entry is 65 years.

1. ManipalCigna ProHealth Select A

Plan Type* : ☐ Individual ☐ Floater

Base Sum Insured:

₹50,000 ☐	₹ 7 Lacs ☐
₹1 Lac ☐	₹ 10 Lacs ☐
₹ 2 Lac ☐	₹ 15 Lacs ☐
₹ 3 Lac ☐	₹ 20 Lacs ☐
₹ 4 Lacs ☐	₹ 25 Lacs ☐
₹ 5 Lacs ☐	

Optional Covers

Deductible: (cannot be higher than the Sum Insured)

- ₹ 1 Lac ☐
- ₹ 2 Lac ☐
- ₹ 3 Lac ☐
- ₹ 4 Lac ☐
- ₹ 5 Lac ☐

- Removal of room rent limit ☐
- Health Checkup ☐
- Re-Assurance ☐
- Disease Specific Sub Limits ☐ A ☐ B ☐ C
- Health Maintenance benefit ☐ 500 ☐ 1000
- Worldwide Emergency Cover ☐

Voluntary Co-pay

10% ☐

20% ☐

(Deductible and Voluntary Co-pay cannot be opted under the same plan)

Cumulative Bonus Booster

Option A ☐

(10% of Base Sum Insured, maximum up to 100%, irrespective of claims under the Policy)

Option B ☐

(25% of Base Sum Insured, maximum up to 100%. irrespective of claims under the Policy

Option C ☐

(50% of Base Sum Insured, maximum up to 100%. irrespective of claims under the Policy)

Option D ☐

(10% of Base Sum Insured, maximum up to 200% irrespective of claims under the Policy)

☐ **ManipalCigna Critical Illness Add On Cover**

☐ **ManipalCigna Health 360 Add on cover**

☐ ManipalCigna Health 360-Shield Add On Cover

☐ ManipalCigna Health 360-OPD Add On Cover

(Opt any one of the Packages below and Sum Insured)

☐ Package 1	☐ Package 2		☐ Package 3	
☐ ₹5,000	☐ ₹10,000	☐ ₹50,000	☐ ₹20,000	☐ ₹60,000
☐ ₹10,000	☐ ₹15,000	☐ ₹60,000	☐ ₹25,000	☐ ₹70,000
☐ ₹15,000	☐ ₹20,000	☐ ₹70,000	☐ ₹30,000	☐ ₹80,000
☐ ₹20,000	☐ ₹25,000	☐ ₹80,000	☐ ₹40,000	☐ ₹90,000
	☐ ₹30,000	☐ ₹90,000	☐ ₹50,000	☐ ₹100,000
	☐ ₹40,000	☐ ₹100,000		

Portability: Yes ☐ No ☐
(If yes portability form to be completed and attached)

Migration: Yes ☐ No ☐
(If yes portability form to be completed and attached)

Applicable Discounts:

a. **Family Discount** of 10% for policies covering more than 2 individuals with individual Sum Insured.
b. **Long Term Discount** of 7.5% for policies with term 2 years and 10% for policies with term 3 years, only upon payment of lump sum premium.

Premium payment mode: Monthly^ ☐ Quarterly ☐ Half yearly ☐ Yearly ☐ Single ☐

^2 months premium to be paid in advance and instalment/renewal premium payment through NACH or standing instruction (where payment is made either by direct debit of bank account or credit card)

2. ManipalCigna ProHealth Select B

Plan Type* : ☐ Individual ☐ Floater

Base Sum Insured:

₹ 2 Lac ☐	₹ 10 Lacs ☐
₹ 3 Lac ☐	₹ 15 Lacs ☐
₹ 4 Lac ☐	₹ 20 Lacs ☐
₹ 5 Lacs ☐	₹ 25 Lacs ☐
₹ 7 Lacs ☐	

Optional Covers

Deductible: (cannot be higher than the Sum Insured)
- ₹ 1 Lac ☐
- ₹ 2 Lac ☐
- ₹ 3 Lac ☐
- ₹ 4 Lac ☐
- ₹ 5 Lac ☐

- Removal of room rent limit ☐
- Re-Assurance ☐

Cumulative Bonus Booster

Option A ☐
(10% of Base Sum Insured, maximum up to 100%, irrespective of claims under the Policy)

Option B ☐
(25% of Base Sum Insured, maximum up to 100%. irrespective of claims under the Policy

Option C ☐
(50% of Base Sum Insured, maximum up to 100%. irrespective of claims under the Policy)

Option D ☐
(10% of Base Sum Insured, maximum up to 200% irrespective of claims under the Policy)

☐ **ManipalCigna Critical Illness Add On Cover**

☐ ManipalCigna Health 360-Shield Add-On Cover

☐ ManipalCigna Health 360-OPD Add-On Cover

(Opt any one of the Package below and Sum Insured)

☐ Package 1	☐ Package 2		☐ Package 3	
☐ ₹5,000	☐ ₹10,000	☐ ₹50,000	☐ ₹20,000	☐ ₹60,000
☐ ₹10,000	☐ ₹15,000	☐ ₹60,000	☐ ₹25,000	☐ ₹70,000
☐ ₹15,000	☐ ₹20,000	☐ ₹70,000	☐ ₹30,000	☐ ₹80,000
☐ ₹20,000	☐ ₹25,000	☐ ₹80,000	☐ ₹40,000	☐ ₹90,000
	☐ ₹30,000	☐ ₹90,000	☐ ₹50,000	☐ ₹100,000
	☐ ₹40,000	☐ ₹100,000		

Portability: Yes ☐ No ☐
(If yes portability form to be completed and attached)

Applicable Discounts:

a. **Family Discount** of 10% for policies covering more than 2 individuals with individual Sum Insured.
b. **Long Term Discount** of 7.5% for policies with term 2 years and 10% for policies with term 3 years, only upon payment of lump sum premium.
c. **Zone Discount** of 8% for customer from Zone 2 and 16% for customer from Zone 3.

Migration: Yes ☐ No ☐
(If yes portability form to be completed and attached)

Zone Classification

Zone I: Mumbai, Thane & Navi Mumbai and Delhi & NCR
Zone II: Bangalore, Hyderabad, Chennai, Chandigarh, Ludhiana, Kolkata, Gujarat
Zone III: Rest of India excluding the locations mentioned under Zone I & Zone II

Default zone of cover will be based on Proposer's city-location pin code as mentioned in KYC document

Zone of Cover (Please tick against your Zone):

☐ Zone I (All India Cover)
☐ Zone II (All India Cover excluding cities in Zone I)
☐ Zone III (Rest of India excluding cities in Zone I & II)

Default zone of cover will be based on Proposer's city-location pin code as mentioned in KYC document

Premium payment mode: Monthly^ ☐ Quarterly ☐ Half yearly ☐ Yearly ☐ Single ☐

^2 months premium to be paid in advance and instalment/renewal premium payment through NACH or standing instruction (where payment is made either by direct debit of bank account or credit card)

Note: Please note that your Policy period will start from premium received date at our branch office in case of cash payments or/ as per instrument date when paying through Cheque/ demand draft/ pay order. In case of credit card/ debit card/ASBA transactions, Policy period will start from date of debit of requisite premium from the Proposer's card/ bank account.

IV. Medical and Lifestyle Information*:

	Medical questions	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insured 8
Q1	Has any of the applicant ever been diagnosed with or suspected to have <<Cancer or Rheumatoid Arthritis or Ulcerative Colitis or Crohn's disease or Chronic Liver Disease, Hepatitis B, Cirrhosis or Chronic Kidney Disease or Kidney failure or Epilepsy or Fits or Stroke or Paralysis or Parkinsonism or Alzheimer's or Multiple sclerosis or Brain Tumor or Cerebral Palsy or Heart Failure or Heart Attack or Angina or Coronary Artery Disease or Ischemic Heart Disease or Chronic Bronchitis or Intestitial Lung Diseases or Pneumoconiosis or Emphysema.>> (If Yes, tick against the disease)	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
I	Cancer	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
ii	Rheumatoid Arthritis / Ulcerative Colitis / Crohn's disease	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
iii	Chronic Liver Disease, Hepatitis B, Cirrhosis	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
iv	Chronic Kidney Disease / Kidney failure	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
v	Diseases of the Brain - Epilepsy/Fits/Stroke/Paralysis/Parkinsonism /Alzheimer's/Multiple sclerosis/Brain Tumor/ Cerebral Palsy	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
vi	Diseases of Heart - Heart Failure/Heart Attack/Angina/Coronary Artery Disease/Ischemic Heart Disease	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
vii	Chronic diseases of the Lungs - Chronic Bronchitis/ Intestitial Lung Diseases/ Pneumoconiosis/ Emphysema	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Q2	Has any member ever suffered or currently suffering from or under treatment (operated, hospitalised, investigated) or been under medication for more than a week for any medical condition.	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
I	**Diabetes Mellitus**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	How does the applicant manage his/her diabetes / pre-diabetes?								
A	Insulin	☐	☐	☐	☐	☐	☐	☐	☐
B	Oral diabetic medication	☐	☐	☐	☐	☐	☐	☐	☐
C	No medicine	☐	☐	☐	☐	☐	☐	☐	☐
D	Any other treatment	☐	☐	☐	☐	☐	☐	☐	☐
2	How many medicines does the applicant take to manage his/her diabetes / pre-diabetes?								
A	No medicine	☐	☐	☐	☐	☐	☐	☐	☐
B	One medicine	☐	☐	☐	☐	☐	☐	☐	☐
C	Two medicines	☐	☐	☐	☐	☐	☐	☐	☐
D	Three or more medicines	☐	☐	☐	☐	☐	☐	☐	☐
3	When was the applicant first diagnosed with diabetes / pre-diabetes?								
A	1 - 5 years	☐	☐	☐	☐	☐	☐	☐	☐
B	5 - 10 Years	☐	☐	☐	☐	☐	☐	☐	☐
C	10 - 15 years	☐	☐	☐	☐	☐	☐	☐	☐
D	More than 15 Years	☐	☐	☐	☐	☐	☐	☐	☐
II	**Hypertension**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO

1	How does the applicant manage his/her Hypertension/High Blood Pressure?								
A	No medicine	☐	☐	☐	☐	☐	☐	☐	☐
B	One medicine	☐	☐	☐	☐	☐	☐	☐	☐
C	Two medicines	☐	☐	☐	☐	☐	☐	☐	☐
D	Three or more medicines	☐	☐	☐	☐	☐	☐	☐	☐
2	When was the applicant first diagnosed with Hypertension / High Blood Pressure?								
A	1 - 5 years	☐	☐	☐	☐	☐	☐	☐	☐
B	5 - 10 Years	☐	☐	☐	☐	☐	☐	☐	☐
C	10 - 15 years	☐	☐	☐	☐	☐	☐	☐	☐
D	More than 15 Years	☐	☐	☐	☐	☐	☐	☐	☐
III	**High Cholesterol**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	Is any of the applicant under medication for high cholesterol/high triglycerides								
A	Yes	☐	☐	☐	☐	☐	☐	☐	☐
B	No	☐	☐	☐	☐	☐	☐	☐	☐
IV	**Thyroid disorders**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	Which thyroid disorder is the applicant suffering from?								
A	Goitre	☐	☐	☐	☐	☐	☐	☐	☐
B	Hyperthyroidism (high thyroid activity)	☐	☐	☐	☐	☐	☐	☐	☐
C	Hypothyroidism (low thyroid activity)	☐	☐	☐	☐	☐	☐	☐	☐
D	Other thyroid disorders	☐	☐	☐	☐	☐	☐	☐	☐
E	Thyroid Nodule	☐	☐	☐	☐	☐	☐	☐	☐
F	Thyroditis	☐	☐	☐	☐	☐	☐	☐	☐
G	Any other	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____
V	**Heart and Lung disorders**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	Asthma	☐	☐	☐	☐	☐	☐	☐	☐
2	Tuberculosis	☐	☐	☐	☐	☐	☐	☐	☐
3	Upper Respiratory Tract Infection	☐	☐	☐	☐	☐	☐	☐	☐
4	Lower Respiratory Tract Infection	☐	☐	☐	☐	☐	☐	☐	☐
5	Varicose veins	☐	☐	☐	☐	☐	☐	☐	☐
6	DVT (Deep vein thrombosis)	☐	☐	☐	☐	☐	☐	☐	☐
7	Syncope	☐	☐	☐	☐	☐	☐	☐	☐
8	Hypotension (Low Blood Pressure)	☐	☐	☐	☐	☐	☐	☐	☐
9	Varicocele	☐	☐	☐	☐	☐	☐	☐	☐
10	Lung Abscess	☐	☐	☐	☐	☐	☐	☐	☐
1	Allergic Bronchitis	☐	☐	☐	☐	☐	☐	☐	☐
12	Any other heart and lung condition	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____
VI	**Digestive system disorders (Stomach and related organs)**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	Peptic ulcer (Ulcer in stomach or duodenum)	☐	☐	☐	☐	☐	☐	☐	☐
2	Appendicitis	☐	☐	☐	☐	☐	☐	☐	☐
3	Cholecystitis/Cholelithiasis (Gall Bladder stones)	☐	☐	☐	☐	☐	☐	☐	☐
4	Hemorrhoids(Piles)	☐	☐	☐	☐	☐	☐	☐	☐
5	Anal Fissure	☐	☐	☐	☐	☐	☐	☐	☐
6	Anal Fistula	☐	☐	☐	☐	☐	☐	☐	☐
7	Pancreatitis	☐	☐	☐	☐	☐	☐	☐	☐
8	Umbilical Hernia (Hernia at navel)	☐	☐	☐	☐	☐	☐	☐	☐
9	Inguinal Hernia (Hernia in groin)	☐	☐	☐	☐	☐	☐	☐	☐
10	Irritable bowel syndrome	☐	☐	☐	☐	☐	☐	☐	☐
11	Fatty liver	☐	☐	☐	☐	☐	☐	☐	☐
12	Any other	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____	☐ ____
VII	**Brain, nerve and Psychiatric (Mental) disorders**	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
1	Recurring or severe headaches / Migraine	☐	☐	☐	☐	☐	☐	☐	☐
2	Febrile Convulsions	☐	☐	☐	☐	☐	☐	☐	☐
3	Vertigo (Recurrent dizziness)	☐	☐	☐	☐	☐	☐	☐	☐

4	Encephalitis								
5	Mental Retardation								
6	Anxiety								
7	Depression								
8	Psychosis								
9	Any other psychological disorders								
10	Dementia (Memory loss)								
11	Attention deficit Disorder								
12	Any other	____	____	____	____	____	____	____	____
VIII	**Other Endocrine (Hormonal) disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Parathyroid gland disorders								
2	Adrenal Disorder								
3	Pituitary Disorders								
IX	**Bone, joints and muscle disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Gout / Hyperuricemia (high uric acid in blood)								
2	Osteoarthiritis								
3	Shoulder Dislocation								
4	Spondylitis / Spondylosis								
5	Osteoporosis								
6	Prolapse of Inter-vertebral disc (disc prolapse)								
7	Total Knee Replacement								
8	Total Hip Replacement								
9	Any other	____	____	____	____	____	____	____	____
X	**Ear, nose, eye and throat disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Otitis-media (middle ear infection)								
2	Hearing loss								
3	Nasal Polyp								
4	Sinusitis								
5	Deviated Nasal Septum								
6	Tonsillitis								
7	Pharyngitis (throat infection)								
8	Cataract								
9	Glaucoma								
10	Vocal Cord Nodule								
11	Any other	____	____	____	____	____	____	____	____
XI	**Genito-urinary and Gynaecological disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Kidney / bladder stones								
2	Recurrent Urinary tract infection								
3	Stricture Urethra								
4	Cytitis/ Infection of urinary bladder								
5	Urinary incontinence								
6	Benign Hypertrophy of Prostate								
7	Hydrocele								
8	Torsion of testes								
9	Phimosis								
10	Breast lump / Cyst / abscess								
1	Ovarian cyst								
12	Endometriosis								
13	Fibroid Uterus								
14	Menstrual disorder / irregular or excessive bleedin[9]								
15	Bartholin's abscess / cyst								
16	Vaginal prolapse								
17	Cervical polyp								
18	Any other	____	____	____	____	____	____	____	____

XII	**Blood and related disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Anaemia								
2	Thalassaemia								
3	Sexually transmitted diseases								
4	HIV / AIDS (Acquired Immuno-deficiency syndrome)								
XIII	**Skin disorders**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	Psoriasis								
2	Eczema								
3	Dermatitis								
4	Urticaria								
5	Vitiligo								
6	Cyst/ lump/ growth / polyp / tumour								
7	Any other	____	____	____	____	____	____	____	____
XIV	**Any other condition / illness / disorder / surgery**	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
Q3	Has any of the applicants recommended to undergo or has undergone any pathologic or radiologic tests for any illness other than the ones listed above and routine or annual health check-up?	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
Q4	Is any applicant currently not in good health and undergoing any investigation or treatment or medication for any illness or medical condition (Physical/ Mental/ Sleep disorders)?	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO

	Habits and Lifestyle questions	**Insured 1**	**Insured 2**	**Insured 3**	**Insured 4**	**Insured 5**
Q5	Does any of the insured/s chew tobacco/ smoke/ consume alcohol or use any recreational drugs? Please tick the relevant box(es) below	YES NO	YES NO	YES NO	YES NO	YES NO
A	**Smoke**	YES NO	YES NO	YES NO	YES NO	YES NO
1	Since how long does the applicant smoke					
A	<=20 years					
B	>20 years					
B	**Tobacco**	YES NO	YES NO	YES NO	YES NO	YES NO
1	How many Pan masala / gutka packets does the applicant has in a day					
A	1-3 packets/day					
B	4-6 packets/day					
C	>6 packets/day					
C	**Alcohol**	YES NO	YES NO	YES NO	YES NO	YES NO
1	How frequently does the applicant consume alcohol					
A	1-3 days/ week					
B	3-6 days / week					
C	Daily					

	For ManipalCigna Critical Illness Add On Cover	**Insured 1**	**Insured 2**	**Insured 3**	**Insured 4**	**Insured 5**
Q6	Have any first-degree relatives (i.e. parents, brothers, sisters or children) of any of the applicants (who are not themselves applicants for this insurance policy) had cancer, motor neuron disease or any other hereditary disorders	YES NO	YES NO	YES NO	YES NO	YES NO

V. Additional Medical information

If answers to Q2 are 'Yes', please provide further details below. Please attach extra sheets if required

Sr. No.	Additional Medical Information	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5
a	Exact Diagnosis					
b	Year of diagnosis					
c	Treatment taken: Surgical/ Medical / No treatment / Defaulter (left treatment on own)					
d	Current status - Cured/ On treatment / Pending surgery or treatment					
e	Complications/ Recurrences - Yes/No					
f	Last consultation date - "Month/Year" to be provided					
g	Histo-Pathology Examination Report (only for surgical) - No abnormality, Malignancy/ borderline malignancy/ Tuberculosis					

Note:Basis the medical declarations provided above we may/may not warrant a pre-policy medical check-up. In cases where a pre-policy medical check-up has been undertaken by the proposed Insured Person(s) and the insurance policy is not issued or the proposal is not taken forward, the entire expenses incurred towards the pre-policy medical check-up shall be payable by the Proposer.

Signature of Proposer*:_____

(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

VI. Previous Insurance Details

Pease fill the following details with respect to health insurance policies(s) currently or held with the Company or any other insurance company (Individual or Group)?

Insured	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5
Policy No					
Type of Policy e.g. Mediclaim, PA, CI, Hospital Cash					
Insurer Name					
From Date					
To Date					
Sum Insured					
Claim Details / **Claim Number** / **Claimed Amount** / **Ailment**					
Cumulative Bonus Earned / **%** / **Amount**					
Has any proposal for life, health, hospital daily cash or critical illness insurance on the life of the applicant ever been declined, postponed, loaded or been made subject to any special conditions such as exclusions by any insurance company? (Y – Yes / N – No)	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No

VII. Current Insurance Details:

In the unfortunate event of claim, the below information will facilitate Us, in case you have chosen Us as a Primary insurer to coordinate with other insurers to ensure the hassle-free settlement of your claim as per the applicable policy terms and conditions.

Please fill the following details with respect to health indemnity insurance policies(s) currently with any other insurance company.

Insured	Policy No.	Insurer Name	From Date	To Date	Sum Insured	Cumulative Bonus Earned	
						%	Amount
Insured 1							
Insured 2							
Insured 3							
Insured 4							
Insured 5							

For active policies, please attach policy copies.

Insured wise information required with all the above information in Current Insurance Details

VIII. Payment Details*:

Premium Paid by: F I R S T N A M E* M I D D L E N A M E S U R N A M E*

Relationship to Proposer: _____ Premium Amount: _____ in Words_____

Signature: _____

Payment Option:

☐ Cheque	☐ Demand Draft	☐ Pay Order	☐ Credit Card
☐ Debit Card	☐ Cash	☐ BASBA$	

For Cheque / DD / Credit Card/ Debit Card/ PO/ Others (Please specify) _____ (Payable in favour of "ManipalCigna Health Insurance Company Limited" – Proposal form No. _____)

$ ☐ /We hereby give my/our explicit consent for debiting the insurance premium from my/our bank account.
Where the BASBA option is selected, I/We authorise the Insurance Company and/or the Bank, as applicable, to block or unblock funds in the bank account or UPI-linked account specified in the Proposal Form, and to transfer funds only upon acceptance of the insurance proposal by the Insurance Company.
BASBA/ Bima-ASBA - Bima Applications Supported by Blocked Amount

Instrument / Transaction Number

Instrument/Transaction Date D D M M Y Y Y Y

Instrument /Transaction Amount

Bank Name

Payment to be collected only from Proposers Card/Bank Account.

Note: Please note that your Policy period will start from premium received date at our branch office in case of cash payments or/ as per instrument date when paying through Cheque/ demand draft/ pay order. In case of credit card/ debit card. Policy period will start from date of debit of requisite premium from the Proposer's card/ bank account. In case of ASBA transactions, Policy period will start from date of acceptance of the proposal irrespective of the debit from the account of the proposer.

IX. Bank Account Details*

Mandatory details required to process all payment due in relation to your policy including refunds (if any) and / or claims directly to your bank account.

Please select any one of the below options as applicable.

☐ **Bank details as per premium cheque to be used for electronic fund transfer/refund.**

Bank account details as mentioned on the cheque being submitted along with the Proposal Form towards premium payment for insurance Policy should be used by the Company for electronic fund transfer as mode of payment.

Please fill the below table if the premium payment cheque does not have all the details required for electronic fund transfer.

Particulars of Bank Account*:

Account Number:	
IFSC/MICR Code:	
Name of the Bank:	
Account Holder Name:	

I agree and undertake to intimate in writing to ManipalCigna Health Insurance Co. Ltd about any change in bank account details. I also hereby certify that the particulars furnished above are correct to the best of my knowledge.

DISCLAIMER: ManipalCigna shall not be liable to anybody, in any manner, whatsoever if the NEFT transaction does not complete for any reason whatsoever including without limitation- failure on part of the Bank/s involved to perform any of their obligations for aforesaid NEFT transaction or incomplete/incorrect information by Customer/Policy Holder.

Aforesaid NEFT transaction shall be governed by applicable Reserve Bank of India rules, directions & guidelines and shall be subject to participating Bank user terms and conditions related to NEFT facility. ManipalCigna shall be indemnified against any loss/damage/claims caused to ManipalCigna in carrying out your aforesaid NEFT instructions.

Instructions:

- It is important for these electronic payment systems that the Policy Holder's name in the Policy must exactly match with the name in the Bank Account records/details given above.
- In cases where beneficiary's bank account number & name is printed on the cheque, bank attestation is not required. For all other cases bank attested NEFT mandate is required.
- The customer who is willing to transfer the funds will be required to provide the 11 digits valid IFS Code, which is applicable for NEFT only. (a number allotted to each participating banks branch) of the branch where the funds need to be transferred.
- Cancelled cheque should be attached along with the NEFT format.
- In case cancelled blank cheque does not bear account holder's name, please provide photocopy of bank statement / passbook with latest entries updated or else Bank attestation is required
- NEFT Form needs to be complete in all respect.

Date: D D M M Y Y Y Y

Signature of Proposer*:_____

((A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

X. Declaration & Authorisation*:

I/We hereby declare, on my behalf and on behalf of all persons proposed to be insured, that the above statements, answers and/ or particulars given by me are true and complete in all respects to the best of my knowledge and that I/We am/are authorized to propose/declare on behalf of all the proposed persons.

I understand that the information provided by me will form the basis of the insurance policy, is subject to the Board approved underwriting policy of the insurance company and that the policy will come into force only after full receipt of the premium chargeable.

I/We further declare that I/We will notify in writing any change occurring in the occupation or general health of the life to be insured/proposer after the proposal has been submitted but before communication of risk acceptance by the company.

I/We declare and consent to the company seeking medical information from any doctor or hospital who/which at anytime has attended on the person be insured/proposer or from any past or present employer concerning anything which affects the physical or mental health of the person to be insured/proposer and seeking information from any insurer to whom an application for insurance on the person to be insured/proposer has been made for the purpose of underwriting the proposal and/or claim settlement.

I/We authorize the company to share information pertaining to my proposal including the medical records for the sole purpose of proposal underwriting and/or claims settlement and with any Government and/or Regulatory authority including seeking and/or sharing of my medical data through ABHA.

☐ I hereby provide my/our explicit and informed consent to Company or its representatives to contact me and members insured under the Policy (including overriding my registration on NCPR/NDNC and/or under any extant TRAI regulations) and / or notify about the services being rendered by the Company

☐ I/We, hereby agree that the PAN details and other information provided by me/us in the proposal form maybe used by the Company or its authorized representatives to access/download/verify/register/ update my/our KYC documents on/from the CERSAI* CKYC portal for processing this application and for any servicing, claims and other requests. (*Central Registry of Securitisation and Asset Reconstruction and security Interest of India.) I hereby consent that I may receive information from Central KYC Registry through sms / email on the above registered number/email address related to this proposal / policy.

Further, I hereby provide my/our explicit and informed consent to and authorize ManipalCigna Health Insurance Company Limited ("Company") and its representatives to collect, use, share and disclose information including personal information and claim information of all members insured under the Policy ("Personal Information") provided by me, as per the privacy policy of the Company, for the sole purpose of servicing the policy. I also declare that I have the necessary authorization from all members insured under the Policy to collect/ process/ authorize sharing of all Personal Information with the insurance company, insurance intermediaries and associated service providers for sole purpose of insurance policy servicing

I hereby agree to the Terms and Conditions of the policy/ies.

Date: D D M M Y Y Y Y

Place:

Signature of Proposer*:_____

(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

XI. Vernacular Declaration:

I hereby declare that the Insurance Advisor/ Specified Person of the Corporate Agent/Authorized employee of the Broker/Relationship Officer has explained the requirements in the proposal form and the terms and conditions of the Policy in the language understood by me. I have affixed my thumb impression/signature below after fully understanding the contents thereof.

Date: D D M M Y Y Y Y

Place:

Signature of Proposer/ Authorized Representative:_____
(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

XII. Advisor / Intermediary Declaration*:

I, _____(Full Name) in my capacity as an Insurance Advisor/ Specified Person of the Corporate Agent/Authorized employee of the Broker/Relationship Officer, do hereby declare that I have explained all the contents of this Proposal Form, including the nature of the questions contained in this Proposal Form to the Proposer including statement(s), information and response(s) submitted by him/her in this Proposal Form to questions contained herein or any details sought herein that will form the basis of the Contract of Insurance between the Company and the Proposer, if this Proposal is accepted by the Company for issuance of the Policy. I further confirm that I have explained the product features, terms and conditions to the prospect and the product opted is suitable to the needs of the customer.

I have further explained that if any untrue statement(s)/information/response(s) is/are contained in this Proposal Form/including addendum(s), affidavits, statements, submissions, furnished/to be furnished, the Company shall have the right to vary the benefits which may be payable and further more if there has been a non-disclosure of any material fact, the Policy issued to his/her favor pursuant to this Proposal may be treated by the Company as null and void and all premiums paid under the Policy may be forfeited to the company.

License No. / ID (Advisor/Corporate Agent/Broker/Relationship Officer): _____

Date: D D M M Y Y Y Y

Place:

Signature of Agent:_____

Section 41 of Insurance Act 1938 (Prohibition of rebates):

(1) No person shall allow or offer to allow, either directly or indirectly, as an inducement to any person to take out or renew or continue an insurance in respect of any kind risk relating to lives or property in India, any rebate of the whole or part of the commission payable or any rebate of the premium shown on the policy, nor shall any person taking out or renewing or continuing a policy accept any rebate, except such rebate as may be allowed in accordance with the published prospectuses or tables of the insurers.

(2) Any person making default in complying with the provisions of this section shall be liable for a penalty which may extend to ten lakh rupees.

ManipalCigna ProHealth Select | Proposal Form | UIN: MCIHLIP27046V062627 | URN: 2026/PSLT/V6.01 | September 2026

ACKNOWLEDGEMENT: (Tear Off)

Received from Ms / Mrs / Mr

a sum of ₹ _____through Cash/Cheque/DD/Credit Card/Debit Card No/BASBA/Others._____ against your proposal for _____ Policy

Signature of ManipalCigna official / Intermediary: Date:

ManipalCigna official / Intermediary Name:

Time: Place:

Note: Neither the submission of a completed proposal for insurance or any payment for any Policy sought oblige the Company to agree to issue a Policy, which decision is and always shall be in the Company's sole and absolute discretion.
If ManipalCigna Health Insurance Company Limited accepts a proposal for insurance, it shall be subject to the board approved underwriting policy of the Company and the Policy terms and conditions of this Policy and the Company shall have no liability to make any payment if premium is not received by ManipalCigna Health Insurance Company Limited in full and in time, or is not realized.
Should you choose to pay premium by Cash, you are advised to do so only at the nearest ManipalCigna branch or its authorized collection points. Handing over cash to any Advisor/ Employee is solely at your own risk and the Company shall in no way be held responsible for any loss in this regard.

Insurance is a subject matter of solicitation